



University Council

Recreation and Wellness Committee Annual Report September 1, 2019 – August 31, 2020

Goals:

(Submitted to UC in October 2019)

Goal/Metric	Accomplished	In Progress	Not Accomplished
Begin Wellness Program at The University of Akron - RooFit	x		
Report on the nutrition of campus dining centers on campus in regard to wellness, nutrition, and programs		x	
Support Talent Development and Human Resources committee on recommendations for benefit incentives to aid health and wellness. – Spoke with Sarah Kelly	x		
Research the process of implementing immunizations on campus – specifically measles and Meningitis B		x	
Support awareness outreach and related education to all students, faculty and staff regarding Title IX, Campus SAVE and the Violence Against Women Act, and AOD: Link resources and information to the Wellness website and other related locations.	x		
Research food insecurity at The University of Akron: Follow up on Student Union Food Pantry utilization	x		
Report out of Food Insecurity Survey and compare to the Nutrition and Dietetics FURVED Survey			x

What were your top two successes?

1. Our biggest success was the implementation and the delivery of the RooFit program. The number of participants exceeded expectations (50 /174). The feedback met and exceeded our expectations (4.62/5)
2. Unity and participation of our team was essential this year. Our team was amazing it has been a pleasure working with them.

What were your top two challenges?

1. Our biggest challenge was the support needed for the implementation for the RooFit program due to the larger than expected participation of the University family.
2. Motivation through the remote working environment.

Please list the dates of your meetings: 8/13/2019, 9/10/2019, 10/22,2019, 11/12/2019, 12/10/2019, 1/14/2020, 2/7/2020, 3/6/2020, 4/17/2020, 6/26/2020